

Pulamed Dietetic Tariffs 2025 - 2026



DIETETIC CONSULTANCY

1. Composite Codes

Code	Dietary Services	Description of service	2025 - 2026
1	Initial Consultation (45 – 60 min)	Assessment of relevant aspects of: ⇒ Lifestyle	P340.97
84051	⇒ Biochemistry		
	⇒ Anthropometry (weight, height, body frame size, BMI)		
	⇒ Diet (24hr recall/3 day nutrition record and nutrient specific food frequency questionnaire plus analysis of data.)		
	Nutrition Counseling		
	⇒ Personal diet plan based on medical dietary requirements, anthropometric assessment,		
	⇒ Education plus material (Literature)		
2	Subsequent follow ups (consultation) (15 min)	Nutrition counseling	P157.65
84053		⇒ Monitoring	
		⇒ Education	
		⇒ Biochemical assessment (if necessary)	
3	Body composition analysis using bioelectric impedance machine	Assessment of the body composition	P144.70
84055			
4	Group Therapy to a maximum of 12 patients per group, per patient	Nutrition counseling in groups	P64.19
84015		⇒ Monitoring	
		⇒ Education	
		⇒ Meal Planning	

5	Proprietary Nutritional Products	No benefit	
6	Feeding pumps for Enteral feeding	No benefit	
	Feeding set	No benefit	
10	Transport for Home visit/hospital visit	No benefit	

2. Assessment Codes

Code	Dietary Services	Description of service	2025 - 2026
11	Lifestyle assessment	Data collection and interpretation of relevant life style aspects	P25.88
84131			
12	Biochemical assessment	Data collection and interpretation of relevant biochemistry	P12.73
84133			
13	Clinical Assessment	Clinical evaluation and interpretation of signs	P12.73
84135			
14	Anthropometric Assessment 1	Evaluation of height and body frame	P12.73
84137			
15	Anthropometric Assessment 2	Evaluation of body composition	P51.66
84139			
16	Anthropometric Assessment 3	Evaluation of body circumferences	P13.50
84141			
17	Nutrition assessment 1	24 hr recall/3 day food record and nutrient specific food frequency questionnaire analysis and evaluation	P13.50
81143			
18	Nutrition assessment 2	Nutrient Analysis with a computer soft ware and interpretation	P154.89
19	Monitoring		
84145		Evaluation of treatment implementation	P38.93

3. Treatment Codes

Code	Dietary Services	Description of service	2025 - 2026
20	Nutrition Education	Explanation of nutrition principles	P77.45
21	Diet Planing	Determination of diet prescription and for energy, macronutrients and micronutrients diet plan	P131.87
22	Explanation of the: Food guide pyramid for planning meals	Meal Planning	
	The plate model as tool to plan meals		
	The Exchange system as tool to plan meals		